

Year 8 curriculum mapping

To Future Me is designed to align with the Australian Curriculum: Health and Physical Education, specifically the Personal, social and community health strand. This curriculum map shows how each To Future Me topic connects to relevant content descriptions, helping teachers embed the program within existing Respectful Relationships and health education planning rather than treating it as an add-on. It can be used to support program selection, lesson planning, and reporting against curriculum outcomes.

F-10 Curriculum | Health and Physical Education – Year 8 (australiancurriculum.edu.au)

Content descriptions: Students learn to:	Section where this content is addressed:
AC9HP8P01 Analyse and reflect on the influence of values and beliefs on the development of identities.	Module 4 –Gender and sexual identity
AC9HP8P02 analyse the impact of changes and transitions, and devise strategies to support themselves and others through these changes	Module 1 - Help seeking Module 4 –Gender and sexual identity
AC9HP8P03 examine how roles, decision-making, and levels of power, coercion and control within relationships can be influenced by gender stereotypes	Module 4 – Gender and sexual identity
AC9HP8P05 investigate strategies that influence how communities value diversity and propose actions they can take to promote inclusion in their communities	Module 4 – Gender and sexual identity

AC9HP8P06 analyse factors that influence emotional responses and devise strategies to self-manage emotions	Module 2 – Consent Module 3 – Grooming Module 4 – Gender and sexual identity
AC9HP8P07 explain and apply skills and strategies to communicate assertively and respectfully when seeking, giving or denying consent	Module 2 – Consent Module 3 – Grooming
AC9HP8P08 refine protective behaviours and evaluate community resources to seek help for themselves and others	Module 1 – Help seeking Module 2 – Consent Module 3 – Grooming Module 4 – Gender and sexual identity
AC9HP8P09 investigate how media and influential people impact attitudes, beliefs, decisions and behaviours in relation to health, safety, relationships and wellbeing	Module 1 – Help seeking Module 2 – Consent and pornography Module 4 – Gender and sexual identity
AC9HP8P10 plan and implement strategies, using health resources, to enhance their own and others' health, safety, relationships and wellbeing	Module 1 – Help seeking Module 2 – Consent and pornography Module 3 – Grooming Module 4 – Gender and sexual identity