

## Kids First To Future Me Y10 Curriculum mapping

National curriculum links – Personal, social and community health strand of the Health and Physical Education learning area including sub strands:

- Identities and change
- Interacting with others
- Making healthy and safe choices.

F-10 Curriculum | Health and Physical Education – Year 10 ([australiancurriculum.edu.au](http://australiancurriculum.edu.au))

Content descriptions: Students learn to:	Section where this content is addressed:
<b>AC9HP10P01</b> analyse factors that shape identities and evaluate how individuals influence the identities of others	Module 4 – Gender stereotypes and values
<b>AC9HP10P02</b> refine, evaluate and adapt strategies for managing changes and transitions	Module 3 – Peer pressure
<b>AC9HP10P03</b> investigate how gender equality and challenging assumptions about gender can prevent violence and abuse in relationships	Module 3 – Violence in relationships Module 4 Gender stereotypes
<b>AC9HP10P04</b> evaluate the influence of respect, empathy, power and coercion on establishing and maintaining respectful relationships	Module 1 – Healthy and unhealthy relationships Module 2 Consent Module 3 – Peer pressure and violence/abuse in relationships Module 4 – Safe sex, pornography and boundaries

<p><b>AC9HP10P05</b> propose strategies and actions individuals and groups can implement to challenge biases, stereotypes, prejudices and discrimination, and promote inclusion in their communities</p>	<p>Module 4 – Gender stereotypes</p>
<p><b>AC9HP10P06</b> evaluate emotional responses in different situations to refine strategies for managing emotions</p>	<p>Module 1 – Healthy and unhealthy relationships Module 3 – Peer pressure and violence/abuse in relationships</p>
<p><b>AC9HP10P07</b> examine how strategies, such as communicating choices, seeking, giving and denying consent, and expressing opinions and needs can support the development of respectful relationships, including sexual relationships</p>	<p>Module 2 – Consent Module 4 – Safe sex</p>
<p><b>AC9HP10P08</b> plan, rehearse and evaluate strategies for managing situations where their own or others' health, safety or wellbeing may be at risk</p>	<p>Module 1 – Healthy and unhealthy relationships Module 2 – Conflict Module 3 – Peer pressure and violence/abuse in relationships Module 4 – Safe sex and sexting</p>
<p><b>AC9HP10P09</b> critique health information, services and media messaging about relationships, lifestyle choices, health decisions and behaviours to evaluate their influence on individual attitudes and actions</p>	<p>Module 1 – Healthy and unhealthy relationships Module 4 – Pornography</p>

**AC9HP10P10**

plan, justify and critique strategies to enhance their own and others' health, safety, relationships and wellbeing

Module 1 – Healthy and unhealthy relationships  
Module 2 – Consent, Conflict, Grooming  
Module 3 – Peer pressure and violence/abuse in relationships  
Module 4 – Self